

## A REFINEMENT OF HADAMARD'S INEQUALITY FOR ISOTONIC LINEAR FUNCTIONALS

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**Abstract.** A general refinement of Hadamard's inequality for isotonic linear functionals and some applications to norm and discrete inequalities are given.

### I. Introduction

Let  $f : I \subseteq R \rightarrow R$  be a convex function. The following double inequality

$$f\left(\frac{x+y}{2}\right) \leq \frac{1}{y-x} \int_x^y f(t)dt \leq \frac{f(x) + f(y)}{2} \quad (1.1)$$

where  $x, y \in I$  is known in literature as Hadamard's inequality (see [7][9][5] or [6]). For some recent results in connection with this famous integral inequality we refer to [2-5] and [9-11] where further applications are given.

In this note we will give a refinement of Hadamard's inequality for isotonic linear functionals (compare with [8]), and some natural applications. As in [1], let  $E$  be a nonempty set and let  $L$  be a linear class of real-value functions  $g : E \rightarrow R$  having the properties:

- $L_1 : f, g \in L$  imply  $(af + bg) \in L$  for all  $a, b \in R$ ;
- $L_2 : 1 \in L$ , that is, if  $f(t) = 1$  ( $t \in E$ ) then  $f \in L$ .

We also consider isotonic linear functionals  $A : L \rightarrow R$ . That is

- $A1 : A(af + bg) = aA(f) + bA(g)$  for all  $f, g \in L$ ;
- $A2 : f \in L, f(t) \geq 0$  on  $E$  implies  $A(f) \geq 0$

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We note that some examples of such isotonic linear functionals  $A$  are given by  $A(g) = \int_E g du$  or  $A(g) = \sum_{K \in E} p_k g_k$  where  $u$  is a positive measure on  $E$  in the first case and  $E$  is a subset of natural number  $N$  in the second case with  $p_k \geq 0$  for  $k \in E$ .

**Jessen's Inequality:** Let  $L$  satisfy properties  $L1$ ,  $L2$  on a nonempty set  $E$  and suppose  $\Phi$  is a convex function on an interval  $I \subseteq R$ . If  $A$  is any isotonic linear functional with  $A(1) = 1$ , then for all  $g \in L$  so that  $\Phi(g) \in L$ , we have  $A(g) \in I$  and  $\Phi(A(g)) \leq A(\Phi(g))$ .

## 2. Main Result

We will start with the following simple lemma.

**Lemma 2.1.** *Let  $X$  be a real linear space and  $C$  be a convex subset of  $X$ . If  $f : C \rightarrow R$  is convex on  $C$ , then for all  $x, y$  in  $C$  the mapping  $g_{xy} : [0, 1] \rightarrow R$  given by*

$$g_{xy}(t) = \alpha f\left[\frac{t}{2\alpha}x + \left(1 - \frac{t}{2\alpha}\right)y\right] + \beta f\left[\left(1 - \frac{t}{2\beta}\right)x + \frac{t}{2\beta}y\right]$$

where  $\beta \geq \alpha > 0$ ,  $\alpha + \beta = 1$  is also convex on  $[0, 2\alpha]$ .

In addition, we have the inequality:

$$f(\alpha y + \beta x) \leq g_{xy}(t) \leq \alpha f(y) + \beta f(x) \quad (2.1)$$

for all  $x, y$  in  $C$  and  $0 \leq t \leq 2\alpha$ .

**Proof.** Suppose  $x, y \in C$  and let  $t_1, t_2 \in [0, 2\alpha]$  and  $a, b \geq 0$  with  $a + b = 1$ .

Then

$$\begin{aligned} & g_{x,y}(at_1 + bt_2) \\ &= \alpha f\left[\frac{at_1 + bt_2}{2\alpha}x + \left(1 - \frac{at_1 + bt_2}{2\alpha}\right)y\right] + \beta f\left[\left(1 - \frac{at_1 + bt_2}{2\beta}\right)x + \frac{at_1 + bt_2}{2\beta}y\right] \\ &= \alpha f\left[a\left(\frac{t_1}{2a}x + \left(1 - \frac{t_1}{2a}\right)y\right) + b\left(\frac{t_2}{2a}x + \left(1 - \frac{t_2}{2a}\right)y\right)\right] \\ &\quad + \beta f\left[a\left(\left(1 - \frac{t_1}{2\beta}\right)x + \frac{t_1}{2\beta}y\right) + b\left(\left(1 - \frac{t_2}{2\beta}\right)x + \frac{t_2}{2\beta}y\right)\right] \\ &\leq a\alpha f\left[\frac{t_1}{2\alpha}x + \left(1 - \frac{t_1}{2\alpha}\right)y\right] + b\alpha f\left[\frac{t_2}{2\alpha}x + \left(1 - \frac{t_2}{2\alpha}\right)y\right] \\ &\quad + a\beta f\left[\left(1 - \frac{t_1}{2\beta}\right)x + \frac{t_1}{2\beta}y\right] + b\beta f\left[\left(1 - \frac{t_2}{2\beta}\right)x + \frac{t_2}{2\beta}y\right] \\ &= ag_{x,y}(t_1) + bg_{x,y}(t_2) \end{aligned}$$

which shows that  $g_{x,y}$  is convex in  $[0, 2\alpha]$ .

By the convexity of  $f$  we have

$$\begin{aligned} g_{x,y}(t) &\geq f\left[\alpha \frac{t}{2\alpha}x + \alpha\left(1 - \frac{t}{2\alpha}\right)y + \beta\left(1 - \frac{t}{2\beta}\right)x + \beta\frac{t}{2\beta}y\right] \\ &= f(\alpha y + \beta x) \\ g_{x,y}(t) &\leq \alpha\left[\frac{t}{2\alpha}f(x) + \left(1 - \frac{t}{2\alpha}\right)f(y)\right] + \beta\left[\left(1 - \frac{t}{2\beta}\right)x + \frac{t}{2\beta}f(y)\right] \\ &= \alpha f(y) + \beta f(x) \end{aligned}$$

for all  $t$  in  $[0, 2\alpha]$ . This completes the proof.

**Remark.** By the inequality (2.1) we have:

$$\sup_{t \in [0,1]} g_{x,y}(t) = \alpha f(y) + \beta f(x) \text{ and } \inf_{t \in [0,1]} g_{x,y}(t) = f(\alpha y + \beta x)$$

for all  $x, y \in C$ .

Now we given our main result.

**Theorem 2.1.** Let  $f : C \subseteq X \rightarrow R$  be a convex function on a convex set  $C$ . Let  $L$  and  $A$  satisfy conditions  $L1$ ,  $L2$  and  $A1$ ,  $A2$  and let  $h : E \rightarrow R$ ,  $0 \leq h(t) \leq 2\alpha$  ( $t \in E$ ),  $h \in L$  is so that  $f(hx + (1-h)y)$ ,  $f((1-h)x + hy)$  belong to  $L$  for  $x, y$  fixed in  $C$ . If  $A(1) = 1$ , then we have the inequality:

$$\begin{aligned} f(\alpha y + \beta x) &\leq \alpha f\left[\frac{A(h)}{2\alpha}x + \left(1 - \frac{A(h)}{2\alpha}\right)y\right] + \beta f\left[\left(1 - \frac{A(h)}{2\beta}\right)x + \frac{A(h)}{2\beta}y\right] \\ &\leq \alpha Af\left[\frac{h}{2\alpha}x + \left(1 - \frac{h}{2\alpha}\right)y\right] + \beta Af\left[\left(1 - \frac{h}{2\beta}\right)x + \frac{h}{2\beta}y\right] \\ &\leq \alpha f(y) + \beta f(x) \end{aligned} \tag{2.2}$$

where  $\beta \geq \alpha > 0$  with  $\alpha + \beta = 1$ .

**Proof.** Consider the mapping  $g_{x,y} : [0, 1] \rightarrow R$  given above. Then by lemma 2.1 we know that  $g_{x,y}$  is convex  $[0, 1]$ . Applying Jessen's inequality for the mapping  $g_{x,y}$  we get

$$g_{x,y}(A(h)) \leq A(g_{x,y}(h))$$

where  $g_{x,y}(A(h)) = \alpha f\left[\frac{A(h)}{2\alpha}x + \left(1 - \frac{A(h)}{2\alpha}\right)y\right] + \beta f\left[\left(1 - \frac{A(h)}{2\beta}\right)x + \frac{A(h)}{2\beta}y\right]$  and  $A(g_{x,y}(h)) = \alpha Af\left[\frac{h}{2\alpha}x + \left(1 - \frac{h}{2\alpha}\right)y\right] + \beta Af\left[\left(1 - \frac{h}{2\beta}\right)x + \frac{h}{2\beta}y\right]$ . This proves the second inequality in (2.2).

To prove the first inequality in (2.2) we observe that, by (2.1), we can write  $f(\alpha y + \beta x) \leq g_{x,y}(A(h))$ .

Finally , we have

$$\begin{aligned} &\alpha f\left[\frac{h}{2\alpha}x + \left(1 - \frac{h}{2\alpha}\right)y\right] + \beta f\left[\left(1 - \frac{h}{2\beta}\right)x + \frac{h}{2\beta}y\right] \\ &\leq \frac{h}{2}f(x) + \alpha f(y) - \frac{h}{2}f(y) + \beta f(x) - \frac{h}{2}f(x) + \frac{h}{2}f(y) \\ &= \alpha f(y) + \beta f(x) \end{aligned}$$

Hence, the last part of (2.2) follows from

$$A \left[ \frac{\alpha f\left[\frac{h}{2\alpha}x + (1 - \frac{h}{2\alpha})y\right] + \beta f\left[(1 - \frac{h}{2\beta})x + \frac{h}{2\beta}y\right]}{\alpha f(y) + \beta f(x)} \right] \leq A(1) = 1$$

**Remark.** If we choose:  $A = \int_0^{2\alpha}$ ,  $E = [0, 1]$ ,  $h(t) = t$ ,  $C = [x, y] \subset R$ , then a simple calculation shows that

$$\begin{aligned} \int_0^{2\alpha} f\left[\frac{t}{2\alpha}x + \left(1 - \frac{t}{2\alpha}\right)y\right] dt &= \frac{2\alpha}{y-x} \int_x^y f(t) dt \\ \int_0^{2\alpha} f\left[\left(1 - \frac{t}{2\beta}\right)x + \frac{t}{2\beta}y\right] dt &= \frac{2\beta}{y-x} \int_x^{(1-\frac{\alpha}{\beta})x+\frac{\alpha}{\beta}y} f(t) dt \end{aligned}$$

it follows from (2.2) that

$$f(\alpha x + \beta y) \leq \frac{2\alpha^2}{y-x} \int_x^y f(t) dt + \frac{2\beta^2}{y-x} \int_x^{(1-\frac{\alpha}{\beta})x+\frac{\alpha}{\beta}y} f(t) dt \leq \alpha f(x) + \beta f(y) \quad (2.3)$$

By letting  $\alpha = \beta = \frac{1}{2}$  in (2.3), we recapture the Hadamard's inequality

$$f\left(\frac{x+y}{2}\right) \leq \frac{1}{y-x} \int_x^y f(t) dt \leq \frac{f(x) + f(y)}{2}.$$

**Lemma 2.2** Let  $X$  be a real linear space and  $C$  be a convex subset of  $X$ . If  $f : C \rightarrow R$  is convex, then

$$g_{x,y,z}(t) = \frac{1}{3}[f((1-t)x+ty) + f((1-t)y+tz) + f((1-t)z+tx)]$$

is also convex on  $[0, 1]$ . In addition, we have the inequality:

$$f\left(\frac{x+y+z}{3}\right) \leq g_{x,y,z}(t) \leq \frac{f(x) + f(y) + f(z)}{3} \quad (2.4)$$

for all  $x, y, z$  in  $C$  and  $t \in [0, 1]$ .

**Proof.** Suppose  $x, y, z \in C$  and let  $t_1, t_2 \in [0, 1]$  and  $a, b \geq 0$  with  $a+b=1$ . Then

$$\begin{aligned} &g_{x,y,z}(at_1 + bt_2) \\ &= \frac{1}{3}f((1-at_1bt_2)x + (at_1+bt_2)y) + f((1-at_1-bt_2)y + (at_1+bt_2)z) \\ &\quad + f((1-at_1-bt_2)z + (at_1+bt_2)x)) \\ &= \frac{1}{3}f\{a[1-t_1)x+t_1y]+b[(1-t_2)x+t_2y]\} + \frac{1}{3}f\{a[(1-t_1)y+t_1z]+b[(1-t_2)y+t_2z]\} \\ &\quad + \frac{1}{3}f\{a[(1-t_1)z+t_1x]+b[(1-t_2)z+t_2x]\} \\ &\leq \frac{a}{3}f[(1-t_1)x+t_1y] + \frac{b}{3}f[(1-t_2)x+t_2y] + \frac{a}{3}f[(1-t_1)y+t_1z] + \frac{b}{3}f[(1-t_2)y+t_2z] \\ &\quad + \frac{a}{3}f[(1-t_1)z+t_1x] + \frac{b}{3}f[(1-t_2)z+t_2x] \\ &= ag_{x,y,z}(t_1) + bg_{x,y,z}(t_2) \end{aligned}$$

so that  $g_{x,y,z}(t)$  is convex on  $[0, 1]$ . By the convexity of  $f$ , we have

$$g_{x,y,z}(t) \geq f\left[\frac{(1-t)x+ty}{3} + \frac{(1-t)y+tz}{3} + \frac{(1-t)z+tx}{3}\right] = f\left(\frac{x+y+z}{3}\right)$$

and  $g_{x,y,z}(t) \leq \frac{(1-t)}{3}f(x) + \frac{t}{3}f(y) + \frac{(1-t)}{3}f(y) + \frac{t}{3}f(z) + \frac{(1-t)}{3}f(z) + \frac{t}{3}f(x) = \frac{f(x)+f(y)+f(z)}{3}$  for all  $t$  in  $[0, 1]$ .

**Remark.** It follows from the inequality (2.4) that

$$\sup_{t \in [0,1]} g_{x,y,z}(t) = \frac{f(x)+f(y)+f(z)}{3} \text{ and } \inf_{t \in [0,1]} g_{x,y,z}(t) = f\left(\frac{x+y+z}{3}\right)$$

for all  $x, y, z$  in  $C$ .

**Theorem 2.2.** Let  $f : C \subseteq X \rightarrow R$  be a convex function on a convex set  $C, L$  and  $A$  satisfy conditions  $L1, L2$  and  $A1, A2$  and  $h : E \rightarrow R$ ,  $0 \leq h(t) \leq 1$  ( $t \in E$ ),  $h \in L$  is so that  $f((1-h)x+hy)$ ,  $f((1-h)y+hz)$ ,  $f((1-h)z+hx)$  belong to  $L$  for  $x, y, z$  fixed in  $C$ . If  $A(1) = 1$ , then we have the inequalities:

$$\begin{aligned} f\left(\frac{x+y+z}{3}\right) &\leq \frac{f[(1-A(h))x+A(h)y]+f[(1-A(h))y+A(h)z]+f[(1-A(h))z+A(h)x]}{3} \\ &\leq \frac{Af[(1-h)x+hy]+Af[(1-h)y+hz]+Af[(1-h)z+hx]}{3} \\ &\leq \frac{f(x)+f(y)+f(z)}{3} \end{aligned} \tag{2.5}$$

**Proof.** Consider the mapping  $g_{x,y,z}[0, 1] \rightarrow R$  given as in lemma 2.2 above. Applying Jessen's inequality for the mapping  $g_{x,y,z}$  we get

$$g_{x,y,z}(A(h)) \leq A(g_{x,y,z}(h))$$

where

$$g_{x,y,z}(A(h)) = \frac{f[(1-A(h))x+A(h)y]+f[(1-A(h))y+A(h)z]+f[(1-A(h))z+A(h)x]}{3}$$

and

$$A(g_{x,y,z}(h)) = \frac{Af[(1-h)x+hy]+Af[(1-h)y+hz]+Af[(1-h)z+hx]}{3}$$

so the second inequality in (2.5) is proved.

To prove the first inequality in (2.5) we observe that by (2.4), we have  $f\left(\frac{x+y+z}{3}\right) \leq g_{x,y,z}(A(h))$  which is exactly the desired statement.

Finally, we have

$$\begin{aligned} g_{x,y,z}(h) &= \frac{f[(1-h)x + hy] + f[(1-h)y + hz] + f[(1-h)z + hx]}{3} \\ &\leq \frac{(1-h)}{3}f(x) + \frac{h}{3}f(y) + \frac{(1-h)}{3}f(y) + \frac{h}{3}f(z) + \frac{(1-h)}{3}f(z) + \frac{h}{3}f(x) \\ &= \frac{f(x) + f(y) + f(z)}{3}. \end{aligned}$$

Hence the last inequality of (2.5) follows from

$$A\left[g_{x,y,z}(h)\frac{1}{\frac{f(x)+f(y)+f(z)}{3}}\right] \leq A(1) = 1.$$

**Remark.** if we choose  $A = \int_0^1$ ,  $E = [0, 1]$ ,  $h(t) = t$ ,  $C = [x, y] \cup [y, z] \subset R$ , then, a simple calculation shows that

$$\begin{aligned} \int_0^1 f[(1-t)x + ty]dt &= \frac{1}{y-x} \int_x^y f(t)dt \\ \int_0^1 f[(1-t)y + tz]dt &= \frac{1}{z-y} \int_y^z f(t)dt \\ \int_0^1 f[(1-t)z + tx]dt &= \frac{1}{x-z} \int_z^x f(t)dt \end{aligned}$$

and the inequality (2.5) reduces to

$$\begin{aligned} f\left(\frac{x+y+z}{3}\right) &\leq \frac{1}{3(y-x)} \int_x^y f(t)dt + \frac{1}{3(z-y)} \int_y^z f(t)dt + \frac{1}{3(x-z)} \int_z^x f(t)dt \\ &\leq \frac{f(x) + f(y) + f(z)}{3}. \end{aligned} \tag{2.6}$$

If we put  $z = \frac{x+y}{2}$  in (2.6), we recapture the Hadamard's inequality.

### 3. Applications

1. Let  $h : [0, 1] \rightarrow [0, 2\alpha]$  be a Riemann integrable function on  $[0, 1]$  and  $p \geq 1$ . Then for all  $x, y$  in a norm space  $(X; \| \cdot \|)$  with  $\beta \geq \alpha > 0$ ,  $\alpha + \beta = 1$ , we have

$$\begin{aligned} \|\alpha y + \beta x\|^p &\leq \alpha \left\| \left( \frac{1}{2\alpha} \int_0^1 h(t)dt \right) x + \left( 1 - \frac{1}{2\alpha} \int_0^1 h(t)dt \right) y \right\|^p \\ &\quad + \beta \left\| \left( 1 - \frac{1}{2\beta} \int_0^1 h(t)dt \right) x + \left( \frac{1}{2\beta} \int_0^1 h(t)dt \right) y \right\|^p \\ &\leq \alpha \int_0^1 \left\| \frac{h(t)}{2\alpha} x + \left( 1 - \frac{h(t)}{2\alpha} \right) y \right\|^p dt + \beta \int_0^1 \left\| \left( 1 - \frac{h(t)}{2\beta} \right) x + \frac{h(t)}{2\beta} y \right\|^p dt \\ &\leq \alpha \|y\|^p + \beta \|x\|^p. \end{aligned} \tag{3.1}$$

If we choose  $h(t) = t$ , we obtain

$$\begin{aligned} \|\alpha y + \beta x\|^p &\leq \alpha \int_0^1 \left\| \frac{t}{2\alpha} x + \left(1 - \frac{t}{2\alpha}\right) y \right\|^p dt + \beta \int_0^1 \left\| \left(1 - \frac{t}{2\beta}\right) x + \frac{t}{2\beta} y \right\|^p dt \\ &\leq \alpha \|y\|^p + \beta \|x\|^p \end{aligned} \quad (3.2)$$

for all  $x, y$  in  $X$ .

The inequality (3.1) follows by theorem 2.1 for the functional  $A = \int_0^1$ .

2. Let  $f : C \subseteq X \rightarrow R$  be a convex function on a convex subset  $C$  of a linear space  $X$ , and  $t_i \in [0, 2\alpha]$ ,  $i = 1, 2, \dots, n$ . If  $\beta \geq \alpha > 0$ ,  $\alpha + \beta = 1$ , then we have the inequality:

$$\begin{aligned} f(\alpha y + \beta x) &\leq \alpha f\left[\frac{1}{n} \sum_{i=1}^n \frac{t_i}{2\alpha} x + \frac{1}{n} \sum_{i=1}^n \left(1 - \frac{t_i}{2\alpha}\right) y\right] + \beta f\left[\frac{1}{n} \sum_{i=1}^n \left(1 - \frac{t_i}{2\beta}\right) x + \frac{1}{n} \sum_{i=1}^n \frac{t_i}{2\beta} y\right] \\ &\leq \frac{\alpha}{n} \sum_{i=1}^n f\left[\frac{t_i}{2\alpha} x + \left(1 - \frac{t_i}{2\alpha}\right) y\right] + \frac{\beta}{n} \sum_{i=1}^n f\left[\left(1 - \frac{t_i}{2\beta}\right) x + \frac{t_i}{2\beta} y\right] \\ &\leq \alpha f(y) + \beta f(x). \end{aligned} \quad (3.3)$$

If we put  $t_i = \sin^2 \alpha_i$ ,  $\alpha_i \in R$ ,  $i = 1, \dots, n$ , then we have

$$\begin{aligned} &f(\alpha y + \beta x) \\ &\leq \alpha f\left[\frac{1}{n} \sum_{i=1}^n \frac{\sin^2 \alpha_i}{2\alpha} x + \frac{1}{n} \sum_{i=1}^n \left(1 - \frac{\sin^2 \alpha_i}{2\alpha}\right) y\right] + \beta f\left[\frac{1}{n} \sum_{i=1}^n \left(1 - \frac{\sin^2 \alpha_i}{2\beta}\right) x + \frac{1}{n} \sum_{i=1}^n \frac{\sin^2 \alpha_i}{2\beta} y\right] \\ &\leq \frac{\alpha}{n} \sum_{i=1}^n f\left[\frac{\sin^2 \alpha_i}{2\alpha} x + \left(1 - \frac{\sin^2 \alpha_i}{2\alpha}\right) y\right] + \frac{\beta}{n} \sum_{i=1}^n f\left[\left(1 - \frac{\sin^2 \alpha_i}{2\beta}\right) x + \frac{\sin^2 \alpha_i}{2\beta} y\right] \\ &\leq \alpha f(y) + \beta f(x). \end{aligned}$$

The inequality (3.3) follows by (2.2) for

$$A = \frac{1}{n} \sum_{i=1}^n, h(t) = \begin{cases} t_1, & 0 \leq t \leq \frac{1}{n} \\ t_2, & \frac{1}{n} < t \leq \frac{2}{n} \\ \vdots, & \vdots \\ t_n, & \frac{n-1}{n} < t \leq 1 \end{cases}$$

By the use of the inequality (3.3), we have the following arithmetic mean-geometric mean inequality

$$\alpha y + \beta x \geq y^\alpha x^\beta$$

where  $x, y \geq 0$ . Indeed, choosing  $f(x) = -\ln x$ ,  $x > 0$ , we obtain

$$\begin{aligned} \alpha y + \beta x &\geq \left[ \frac{1}{n} \sum_{i=1}^n \frac{t_i}{2\alpha} x + \frac{1}{n} \sum_{i=1}^n \left(1 - \frac{t_i}{2\alpha}\right) y \right]^\alpha \left[ \frac{1}{n} \sum_{i=1}^n \left(1 - \frac{t_i}{2\beta}\right) x + \frac{1}{n} \sum_{i=1}^n \frac{t_i}{2\beta} y \right]^\beta \\ &\geq \prod_{i=1}^n \left( \left[ \frac{t_i}{2\alpha} x + \left(1 - \frac{t_i}{2\alpha}\right) y \right]^\alpha \left[ \left(1 - \frac{t_i}{2\beta}\right) x + \frac{t_i}{2\beta} y \right]^\beta \right)^{\frac{1}{n}} \geq y^\alpha x^\beta \end{aligned}$$

where inequality holds if and only if  $x = y$ .

3. Let  $h : [0, 1] \rightarrow [0, 1]$  be a Riemann integrable function on  $[0, 1]$  and  $p \geq 1$ . Then for all  $x, y, z$  vectors in normed space  $(X; \|\cdot\|)$  we have the inequality :

$$\begin{aligned} \left\| \frac{x+y+z}{3} \right\|^p &\leq \frac{1}{3} \left\| \left(1 - \int_0^1 h(t)dt\right)x + \left(\int_0^1 h(t)dt\right)y \right\|^p \\ &\quad + \frac{1}{3} \left\| \left(1 - \int_0^1 h(t)dt\right)y + \left(\int_0^1 h(t)dt\right)z \right\|^p + \frac{1}{3} \left\| \left(1 - \int_0^1 h(t)dt\right)x \right\|^p \\ &\leq \frac{1}{3} \int_0^1 \|(1 - h(t))x + h(t)y\|^p dt + \frac{1}{3} \int_0^1 \|(1 - h(t))y + h(t)z\|^p dt \\ &\quad + \frac{1}{3} \int_0^1 \|(1 - h(t))z + h(t)x\|^p dt \\ &\leq \frac{\|x\|^p + \|y\|^p + \|z\|^p}{3} \end{aligned} \tag{3.4}$$

If we choose  $h(t) = t$ , we obtain

$$\begin{aligned} \left\| \frac{x+y+z}{3} \right\|^p &\leq \frac{1}{3} \int_0^1 \|(1-t)x + ty\|^p dt + \frac{1}{3} \int_0^1 \|(1-t)y + tz\|^p dt + \frac{1}{3} \int_0^1 \|(1-t)z + tx\|^p dt \\ &\leq \frac{\|x\|^p + \|y\|^p + \|z\|^p}{3} \end{aligned} \tag{3.5}$$

for all  $x, y, z$  in  $X$ .

The inequality (3.4) follows by theorem 2.2 for the functional  $A = \int_0^1$ .

4. Let  $f : C \subseteq X \rightarrow R$  be a convex function on a convex subset  $C$  of a linear space  $X$ ,  $t_i \in [0, 1]$ ,  $i = 1, \dots, n$ . Then we have the inequality:

$$\begin{aligned} &f\left(\frac{x+y+z}{3}\right) \\ &\leq \frac{1}{3} f\left[\sum_{i=1}^n (1-t_i)x + \left(\frac{1}{n} \sum_{i=1}^n t_i\right)y\right] + \frac{1}{3} f\left[\frac{1}{n} \sum_{i=1}^n (1-t_i)y + \left(\frac{1}{n} \sum_{i=1}^n t_i\right)z\right] \\ &\quad + \frac{1}{3} f\left[\frac{1}{n} \sum_{i=1}^n (1-t_i)z + \left(\frac{1}{n} \sum_{i=1}^n t_i\right)x\right] \\ &\leq \frac{1}{3n} \sum_{i=1}^n f[(1-t_i)x + t_iy] + \frac{1}{3n} \sum_{i=1}^n f[(1-t_i)y + t_iz] + \frac{1}{3n} \sum_{i=1}^n f[(1-t_i)z + t_ix] \\ &\leq \frac{f(x) + f(y) + f(z)}{3} \end{aligned} \tag{3.6}$$

If we put  $t_i = \sin^2 \alpha_i$ ,  $\alpha_i \in R$ ,  $i = 1, \dots, n$ , then

$$f\left(\frac{x+y+z}{3}\right)$$

$$\begin{aligned}
&\leq \frac{1}{3}f\left[\left(\frac{1}{n}\sum_{i=1}^n \cos^2 \alpha_i\right)x + \left(\frac{1}{n}\sum_{i=1}^n \sin^2 \alpha_i\right)y\right] + \frac{1}{3}f\left[\left(\frac{1}{n}\sum_{i=1}^n \cos^2 \alpha_i\right)y + \left(\frac{1}{n}\sum_{i=1}^n \sin^2 \alpha_i\right)z\right] \\
&\quad + \frac{1}{3}f\left[\left(\frac{1}{n}\sum_{i=1}^n \cos^2 \alpha_i\right)z + \left(\frac{1}{n}\sum_{i=1}^n \sin^2 \alpha_i\right)x\right] \\
&\leq \frac{f(x) + f(y) + f(z)}{3}.
\end{aligned}$$

The inequality (3.6) follows by (2.5) for  $A = \frac{1}{n}\sum_{i=1}^n t_i$ ,  $h(t) = t_i \in [0, 1]$ .

By use of the inequality (3.6), we obtain arithmetic mean-geometric mean inequality

$$\frac{x+y+z}{3} \geq (xyz)^{\frac{1}{3}} \quad \text{where } x, y, z \geq 0.$$

Indeed, choosing  $f(x) = -\ln x$ ,  $x > 0$ , we have

$$\begin{aligned}
\frac{x+y+z}{3} &\geq \left[\frac{1}{n}\sum_{i=1}^n (1-t_i)x + \left(\frac{1}{n}\sum_{i=1}^n t_i\right)y\right]^{\frac{1}{3}} \left[\frac{1}{n}\sum_{i=1}^n (1-t_i)y + \left(\frac{1}{n}\sum_{i=1}^n t_i\right)z\right]^{\frac{1}{3}} \\
&\quad \left[\frac{1}{n}\sum_{i=1}^n (1-t_i)z + \left(\frac{1}{n}\sum_{i=1}^n t_i\right)x\right]^{\frac{1}{3}} \\
&\geq \prod_{i=1}^n \left\{ [(1-t_i)x + t_i y]^{\frac{1}{3}} [(1-t_i)y + t_i z]^{\frac{1}{3}} [(1-t_i)z + t_i x]^{\frac{1}{3}} \right\}^{\frac{1}{n}} \\
&\geq (xyz)^{\frac{1}{3}}
\end{aligned}$$

where equality holds if, and only if  $x = y = z$ .

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